

## **HEART and LUNG PHYSICAL – REQUIREMENTS**

To All Active Members: The Heart and Lung Physical as determined by the court ruling of McCarthy vs. The Firemen's Retirement System of St. Louis, consists of the following requirements:

**CHEST PHYSICAL EXAMINATION  
CHEST X –RAY REPORT WITH DIAGNOSIS FROM RADIOLOGIST  
EKG RESULTS and COPY OF TRACING  
BLOOD STUDY: CHEMISTRY, CBC, CMP, SMA 24, PSA (over age 50)  
URINALYSIS  
BLOOD PRESSURE AT TIME OF PHYSICAL  
BASIC PULMONARY FUNCTION STUDY (with bronchodilator if needed)  
D.L.C.O. should be done if patient has any abnormalities**

Please see that all of the above tests are done by your examining physician to comply with the Heart and Lung bill.

**COPIES OF ALL OF THE ABOVE MUST BE SENT TO THIS OFFICE.**

You have not met the requirements of the Heart and Lung bill unless all of the above tests are completed.

Sincerely,

Vicky Grass  
Executive Director

VG/mw